

WEEKLY RECIPES POSTED HERE
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== RECIPE ==



CHILI

Start with:

- 1 ½ lbs Ground Beef
- 1 large onion diced
- 1 green pepper diced
- 2 tablespoon minced garlic

Brown Ground beef, add the onion, green pepper and garlic. Cook until peppers are soft.

Add the following:

- 2 cans of diced tomatoes with green chiles
- 1 can of crushed tomato's
- 1 can tomato soup
- 1 can bake beans
- 1 can black beans
- 1 can cannellini beans (white kidney beans)
- 2 tablespoons of chili pepper
- Salt and pepper to taste

Simmer 15 minutes on low.

Serve with
Shredded Cheddar Cheese
Dollop of sour cream
Tortilla chips
Jalapeno optional



Enjoy with your
favorite crusty
bread!